

• X-RAY • MAMMOGRAPHY • GENERAL ULTRASOUND • CARDIOLOGY
• BMD • VASCULAR ULTRASOUND • FLUOROSCOPY

Call at least 24 hours before to Cancel/Reschedule appointment

OID - Compu Sound Vascular Lab

Ph: **416-431-5885**

3000 Lawrence Ave. E,
Suite C-02, Building C
Scarborough, M1P 2V1
Fax No.: 416-438-6008

• VASCULAR ULTRASOUND
• CARDIOLOGY *

OID - Danforth & Main

Ph: **416-691-5071**

2494 Danforth Ave,
Suite 3A, Toronto,
ON M4C 1K9
Fax : 416-691-3349

• X-RAY • ULTRASOUND
• MAMMOGRAM

OID - Markham

Ph: **905-294-4880**

6633 Highway 7 East,
Suite 005, Markham,
ON L3P 7P2
Fax : 905-472-6629

• X-RAY • ULTRASOUND
VASCULAR ULTRASOUND • BMD

OID - Markham & Ellesmere

Ph: **416-439-4866**

1200 Markham Road,
Suite 112, Scarborough,
ON M1H 3C3
Fax : 416-439-5776

• X-RAY • ULTRASOUND
• BMD • FLUOROSCOPY

OID - VPM

Ph: **416-759-3462**

520 Ellesmere Road,
Suite B15, Lower Level
Scarborough, ON M1R 4E6
Fax : 416-759-9237

• X-RAY • ULTRASOUND
• BMD • MAMMOGRAM

OID - Wynford

Ph: **416-443-2626**

20 Wynford Drive,
Suite 312, North York
ON, M3C 1J4
Fax : 416-443-2611

• X-RAY • ULTRASOUND

OID - 3000 Lawrence

Ph: **416-438-6636**

3000 Lawrence Ave. E,
Suite C-02, Building C
Scarborough, M1P 2V1
Fax : 416-438-6008

• X-RAY • ULTRASOUND
• VASCULAR • MAMMOGRAM

MAMMOGRAPHY PREPARATIONS

No deodorant, powder, lotion, or perfume on the upper part of the body

ULTRASOUND PREPARATIONS

ABDOMEN ULTRASOUND

- EAT A FAT FREE DINNER THE NIGHT BEFORE YOUR APPOINTMENT
- NO DAIRY PRODUCTS OR FRIED FOODS
- NO CARBONATED DRINKS 12 HOURS BEFORE YOUR APPOINTMENT
- NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE
- DO NOT EAT BREAKFAST

PELVIS ULTRASOUND (ALL TYPES)

- DRINK 4-5 GLASSES OF WATER OR CLEAR FLUID (WATER, JUICE, BLACK COFFEE OR BLACK TEA) **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT TIME
- DO NOT VOID – A FULL BLADDER IS NECESSARY FOR THE EXAMINATION
- NO FASTING NECESSARY

ABDOMEN AND PELVIS ULTRASOUND TOGETHER

- EAT A FAT FREE DINNER THE NIGHT BEFORE YOUR APPOINTMENT
- NO DAIRY PRODUCTS OR FRIED FOODS
- NOTHING TO EAT AFTER MIDNIGHT THE NIGHT BEFORE
- DRINK 4-5 GLASSES OF WATER **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT TIME
- DO NOT VOID – A FULL BLADDER IS NECESSARY FOR THE EXAMINATION

NO PREPARATION IS REQUIRED FOR FOLLOWING

- SCROTAL/TESTICULAR ULTRASOUND
- THYROID ULTRASOUND
- MUSCULOSKELETAL ULTRASOUND (ANY TYPE)

OBSTETRICAL ULTRASOUND

- FOR LESS THAN 12 WEEKS DRINK 4-5 GLASSES OF WATER OR CLEAR FLUID (WATER, JUICE, BLACK COFFEE OR BLACK TEA) **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT TIME. YOU MUST EAT BREAKFAST/ LUNCH.
- FOR 12-18 WEEKS/ FOR OVER 18 WEEKS DRINK 2 GLASSES (OR 1 SMALL BOTTLE) OF CLEAR FLUID (WATER, JUICE, BLACK COFFEE OR BLACK TEA) **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT TIME. YOU MUST EAT BREAKFAST/ LUNCH.

NUCHAL TRANSLUCENCY - IPS

- DRINK 3 GLASSES OF WATER OR CLEAR FLUID (WATER, JUICE, BLACK COFFEE OR BLACK TEA) **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT TIME.
- YOU MUST BRING ALL THE PAPERS FROM YOUR DOCTOR (BLOOD WORK REQUISITION, I.P.S. SCREENING PAPER, ETC.) WITH YOU FOR YOUR APPOINTMENT

PROSTATE-TRANSRECTAL ULTRASOUND

- PURCHASE A **FLEET ENEMA** FROM THE PHARMACY AND FOLLOW THE INSTRUCTIONS IN THE PACKAGE
- SELF ADMINISTER THE ENEMA 2 HOURS BEFORE YOUR APPOINTMENT TIME
- DRINK 4-5 GLASSES OF WATER OR CLEAR FLUID (WATER, JUICE, BLACK COFFEE OR BLACK TEA) **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT TIME.
- DO NOT VOID – A FULL BLADDER IS NECESSARY FOR THE EXAMINATION

ALL BARIUM STUDIES

- NOTHING TO EAT OR DRINK 12 HOURS PRIOR TO THE TEST

GENERAL INSTRUCTIONS

1. Please advise us if you are diabetic
 2. Come to your appointment with an interpreter, if required
 3. Young children must be accompanied by an adult
- Visit our web site – www.ontid.ca - for more information

OHIP REQUIRES THAT YOU BRING YOUR CURRENT HEALTH CARD AND THIS REQUISITION, SIGNED BY YOUR PHYSICIAN

